



## ANCE EDUCATION

Distance education applies to children with compulsory preschool education, see *General School Rules*.

In case of closure of kindergarten/nursery school due to an unfavorable untoward epidemic situation in a place, region or in the whole country, the child is offered distance education of his last year of preschool education (before the start of compulsory education), which the child can attend with parental support.

In the case that such a situation occurs, parents will be informed about the manner/way, form and content of education, which will be implemented by taking into account the material/financial and technical abilities/facilities of the family.

Depending on the possibilities and mutual agreement, the child submits documents on the accomplished completed activity, with the support of his parents, e.g. in photo-documentation or by e-mail - according to the agreement with the class teacher.

### **How to set a daily schedule for a child, get him organized and teach him time management?**

#### **„Order enables growth“**

Set your child a *regular regimen/ daily schedule*.

*Eating/feeding:* Teach children healthy eating habits and set them a meal routine/*regular eating pattern*.

*Play time:* Give children the time to play and let them have some fun and time alone (building blocks, drawing, books – what the child likes to do on his own).

*Education:* Find time to play with them and have fun, play educational games (board games, pexeso - pairs, memory cards, quartet card game etc.), entertaining learning, but also worksheets as well and filling/completion of assigned tasks.

*Work:* Involve/engage the child in routine work and common activities (at home, in the garden, in the workshop/workroom, bake cakes with them, wash up the dishes, let them take out the garbage with you, clean the children's room together...)

*Rest:* remember that even a child needs peace, repose and some time for themselves, time alone.

*Exercise:* Engage your child in physical activity, motivate them to have enough of varied exercise at least once a day.

## What can parents do for their child?

Set aside time/reserve some extra time for your child, in order to focus only on what he or she does, or what you are doing together.

Read a book to your child regularly (daily). Choose an appropriate book, after finishing the first one. Review with the child what has already been read, ask them questions, what do they remember, what do they like about that book, what interested them, etc. You can have the reading as “a regular family ritual”.

Talk to your child.

Trust them, they can do a lot if you give them the opportunity/with given opportunity. If they fail, explain to them in such a situation, that it is not a problem to make a mistake and that it is more important to not give up and keep on trying. Teach them to clean everything up after themselves and learn from their mistakes.

Teach children good manners, teach them to follow social rules of conduct, dining etiquette and table manners, etc.

Recommended document by MŠMT the Ministry of Education – 10 Ten main points for parents of the preschooler:

<https://www.msmt.cz/ministerstvo/novinar/desatero-pro-rodice-deti-predskolniho-veku>

In the event of a distance learning situation, you will be contacted by a class teacher. Here we present only...

## Proper ideas and advice

**If you need help with explanation of the current situation to children, you can see here:**

How to talk to children about coronavirus (MV ČR)

<https://www.mvcr.cz/clanek/jak-mluvit-s-detmi-o-koronaviru-nabizime-reseni.aspx>

How to talk to children about coronavirus (UNICEF)

<https://www.unicef.cz/8-rad-pro-rodice-jak-mluvit-s-detmi-o-koronaviru/>

How to talk to children about coronavirus (FN Olomouc)

<https://www.fnol.cz/aktuality/jak-mluvit-s-detmi-o-koronaviru?type=search&do=openModal>

### Graphomotoric exercise

Worksheet:

[https://is.muni.cz/do/rect/el/estud/pedf/js14/grafomot/web/docs/Grafomotorika\\_priloha3.pdf](https://is.muni.cz/do/rect/el/estud/pedf/js14/grafomot/web/docs/Grafomotorika_priloha3.pdf)

### All sorts of documents for preschoolers:

Educational videos of *ČT edu* for preschoolers:

<https://edu.ceskatelevize.cz/stupen-vzdelani/predskolni>

Preschoolers:

<https://www.predskolaci.cz/>

Publisher Portál

[https://obchod.portal.cz/dokument/pracovni-listy-ke-stazeni/?fbclid=IwAR19IDM6BaeXSsopcg3qRmXDGceopnpN6Yr6sdUt\\_8PuATd4pbFCEyc2JLA](https://obchod.portal.cz/dokument/pracovni-listy-ke-stazeni/?fbclid=IwAR19IDM6BaeXSsopcg3qRmXDGceopnpN6Yr6sdUt_8PuATd4pbFCEyc2JLA)

### Traffic education

Safe roads, safe ways

<https://www.bezpecnecesty.cz/cz/dopravni-vychova/interaktivni-dopravni-vychova/>

Clever cricket

<http://www.sikovny-cvrcek.cz/pracovni-listy-predskolaci>

### Czech television offers programs for children:

Logo-games

<https://decko.ceskatelevize.cz/logohratky>

Kouzelná školka - Magical kindergarten

<https://decko.ceskatelevize.cz/kouzelnna-skolka>

The wonderful curious journey of hedgehog Aladin

<https://decko.ceskatelevize.cz/podivuhodna-cesta-jezka-aladina>

Little cottage on the hillock

<https://www.ceskatelevize.cz/ivysilani/1100267182-chaloupka-na-vrsku>

### **If children want to exercise**

Lets move with Filda

<https://www.youtube.com/channel/UC2alR1DvQbLx2NgvvOgSLEw>

Dance

[https://cz.pinterest.com/pin/540361655268837695/?nic\\_v1=1apguLGQf68GJkQaHoVER6kc4wqbypF8%2FTUVYPRhWocqnyx4kcCEvX90XiZpz%2F7IK](https://cz.pinterest.com/pin/540361655268837695/?nic_v1=1apguLGQf68GJkQaHoVER6kc4wqbypF8%2FTUVYPRhWocqnyx4kcCEvX90XiZpz%2F7IK)

### **Science**

<https://www.youtube.com/watch?v=CFgS-kKdwAw>

[https://www.youtube.com/watch?v=l7\\_8rGSZywo&app=desktop](https://www.youtube.com/watch?v=l7_8rGSZywo&app=desktop)

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